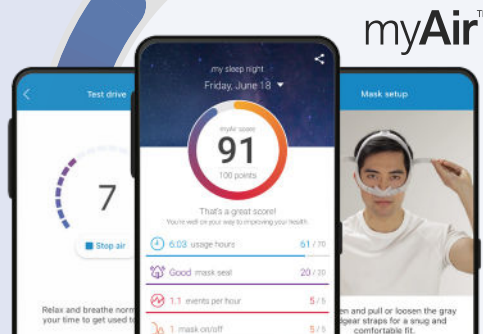




CPAP coaching and education



Personalized support every step of the way

ResMed myAir™ is an online support program and app† available for ResMed Air11™ CPAP machines that makes it easy to get started with therapy and track your progress each night. New features include Personal Therapy Assistant, which guides you through setup, assists with solving common issues and helps you get comfortable with therapy, while Care Check-In offers support that's tailored to your unique needs.



Interactive guided setup & how-to videos

Access interactive voice-guided videos to easily set up your equipment plus a full library of educational resources and useful tips to help you find your comfort zone.



myAir score

View a daily snapshot of how you slept and track your progress over time.



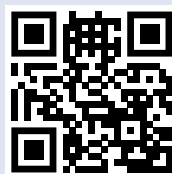
Tailored coaching

Stay engaged with your therapy with coaching messages that can support you every step of the way.



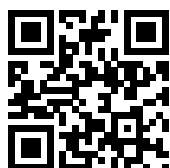
Messages & reminders

Get encouragement for your progress, cleaning and maintenance reminders, and alert messages with actionable recommendations, including tips on how to troubleshoot machine and mask issues.



How to get started

- Download the myAir by ResMed app in the App Store® or on Google Play™ using this QR code.
- Create your account.
- Once you receive your CPAP machine, connect the myAir app to your Air11 machine via Bluetooth®.
- Enter your mask model and Personal Therapy Assistant will guide your start to therapy.



Learn more about sleep apnea with HelloSleep



We also have an app that helps you learn more about sleep apnea, prepare for your CPAP equipment appointment and more. Download the HelloSleep™ app using the QR code to the left.

*The myAir by ResMed app is available in English in the US

† Some features of ResMed myAir are only available in the myAir app

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